

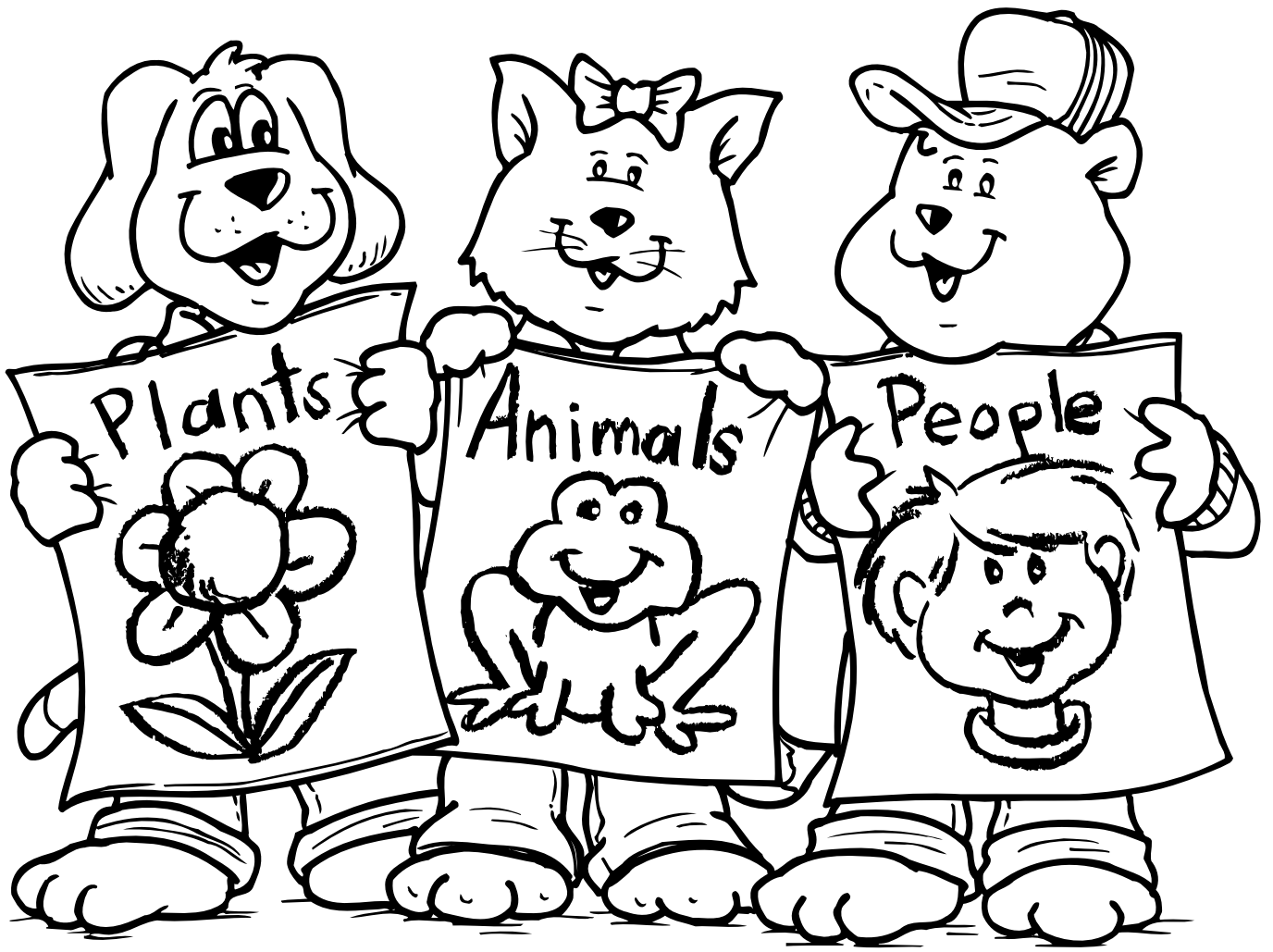
**STOP** LOOK & learn™

# Saving Energy & Water

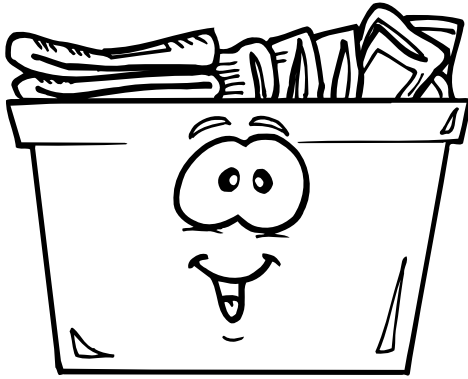
An Educational Coloring & Activity Book



**Everyone must do their part to  
preserve and protect the  
environment. You can help too!**



Plants, animals, and people count on the earth's environment to help keep them alive. It is important not to use up or destroy the earth's natural resources. Two very important ways you can help save our world are by conserving energy and water.



**Unscramble  
the  
words.**



1. cerylce \_\_\_\_\_

2. nemrevonitn \_\_\_\_\_

3. rnvoactisoen \_\_\_\_\_

4. alnsiam \_\_\_\_\_

5. erevrpes \_\_\_\_\_

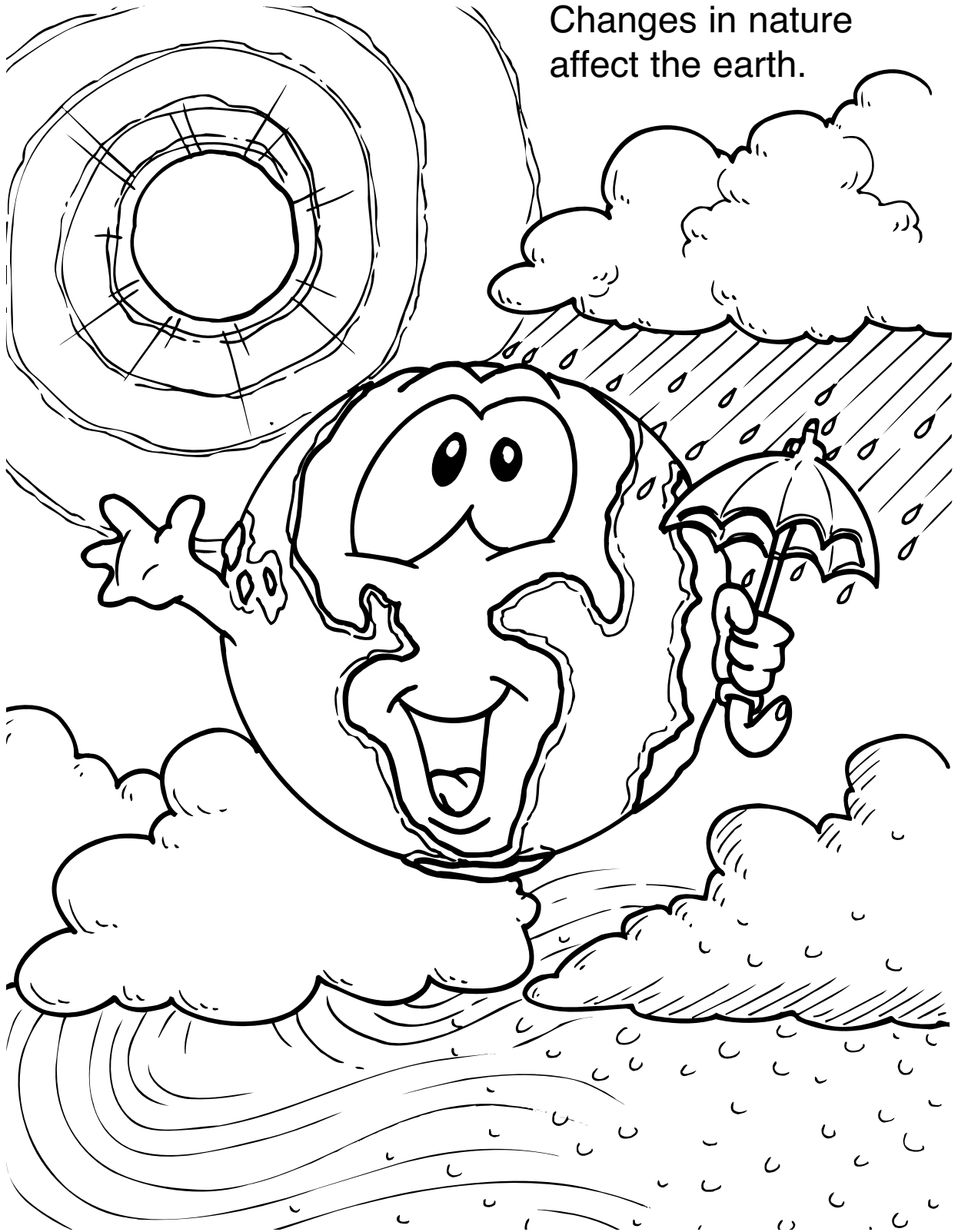
6. ratnlua \_\_\_\_\_

7. bonrhehoiogd \_\_\_\_\_

8. utoiploni \_\_\_\_\_

ANSWERS 1. recycle 2. environment 3. conservation 4. animals 5. preserve  
6. natural 7. neighborhood 8. pollution

Changes in nature  
affect the earth.



Many things can affect our planet earth. Some natural changes are storms, wind, earthquakes, floods, or even lack of rain (this is called a drought).

**What are some other ways  
you can conserve water?**

Make a list below.



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**What are some other ways  
you can conserve energy?**

Make a list below.



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## **Help conserve water!**

There are many ways you can conserve water every day.



**Take shorter showers!**

**Wash only full loads of laundry or dishes!**



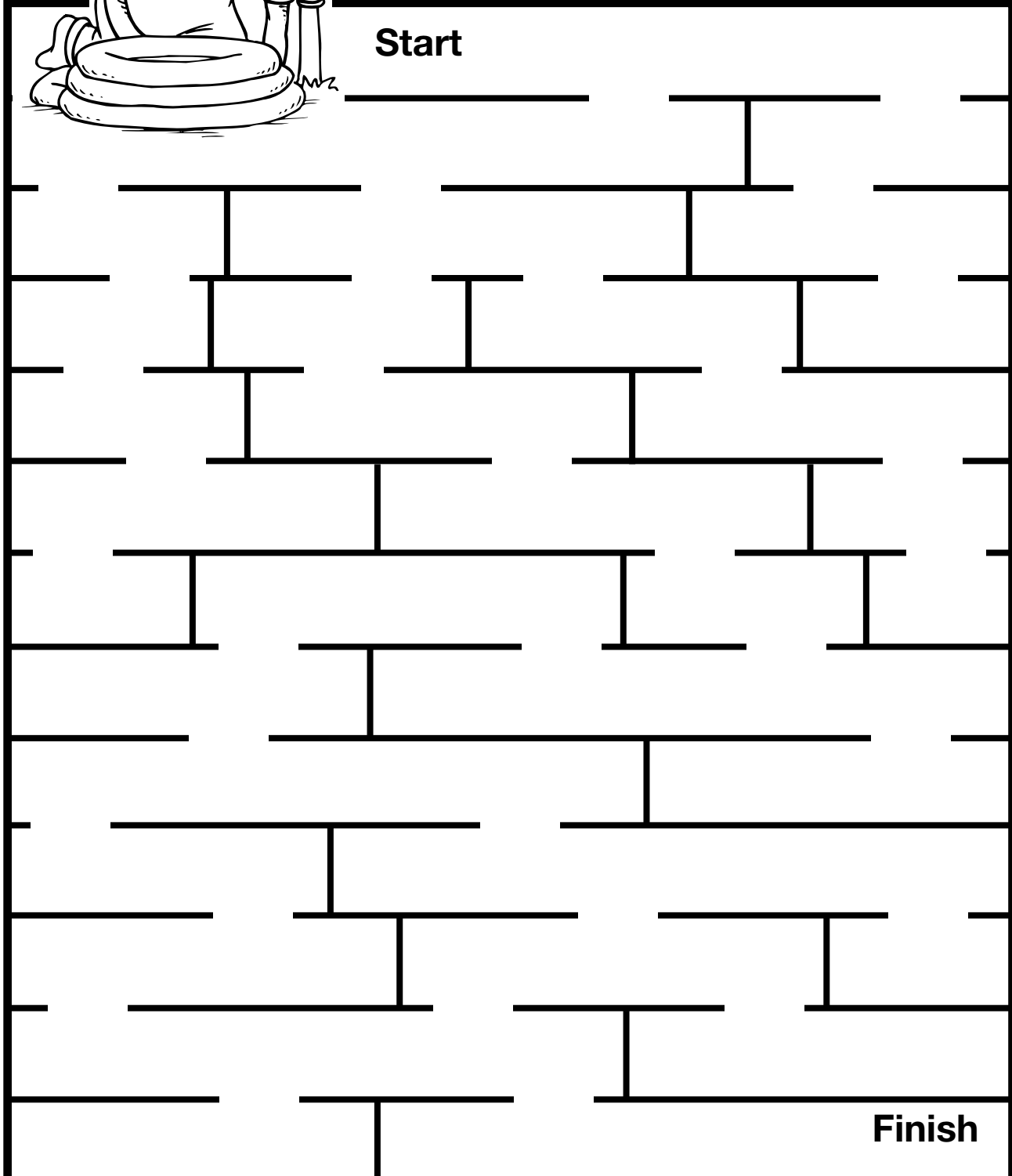
**Fix leaky faucets!**

**Turn off the faucet while scrubbing your teeth or washing your hands. It will waste water to leave the faucet running.**



**Find your way  
through the maze!**

**Start**



**Finish**





**Save water  
and energy!**



It is a good idea to wash only full loads of clothes in your washing machine. This will help to conserve both water and energy!

**Separate your  
recyclable items  
into special  
containers. Do not  
mix with trash.**

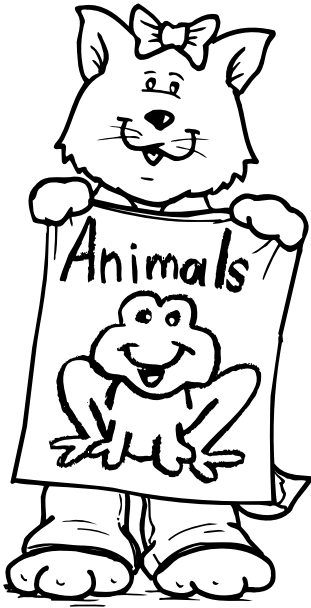


**Recycling  
helps!**



You can help by recycling. Some neighborhoods will pick up your recyclable items with your trash. You can also find where your local recycling center is and drop off your items.

- 1 = a
- 2 = b
- 3 = c
- 4 = d
- 5 = e
- 6 = f
- 7 = g
- 8 = h
- 9 = i
- 10 = j
- 11 = k
- 12 = l
- 13 = m
- 14 = n
- 15 = o
- 16 = p
- 17 = q
- 18 = r
- 19 = s
- 20 = t
- 21 = u
- 22 = v
- 23 = w
- 24 = x
- 25 = y
- 26 = z



Match the letters to the numbers and write the secret message!



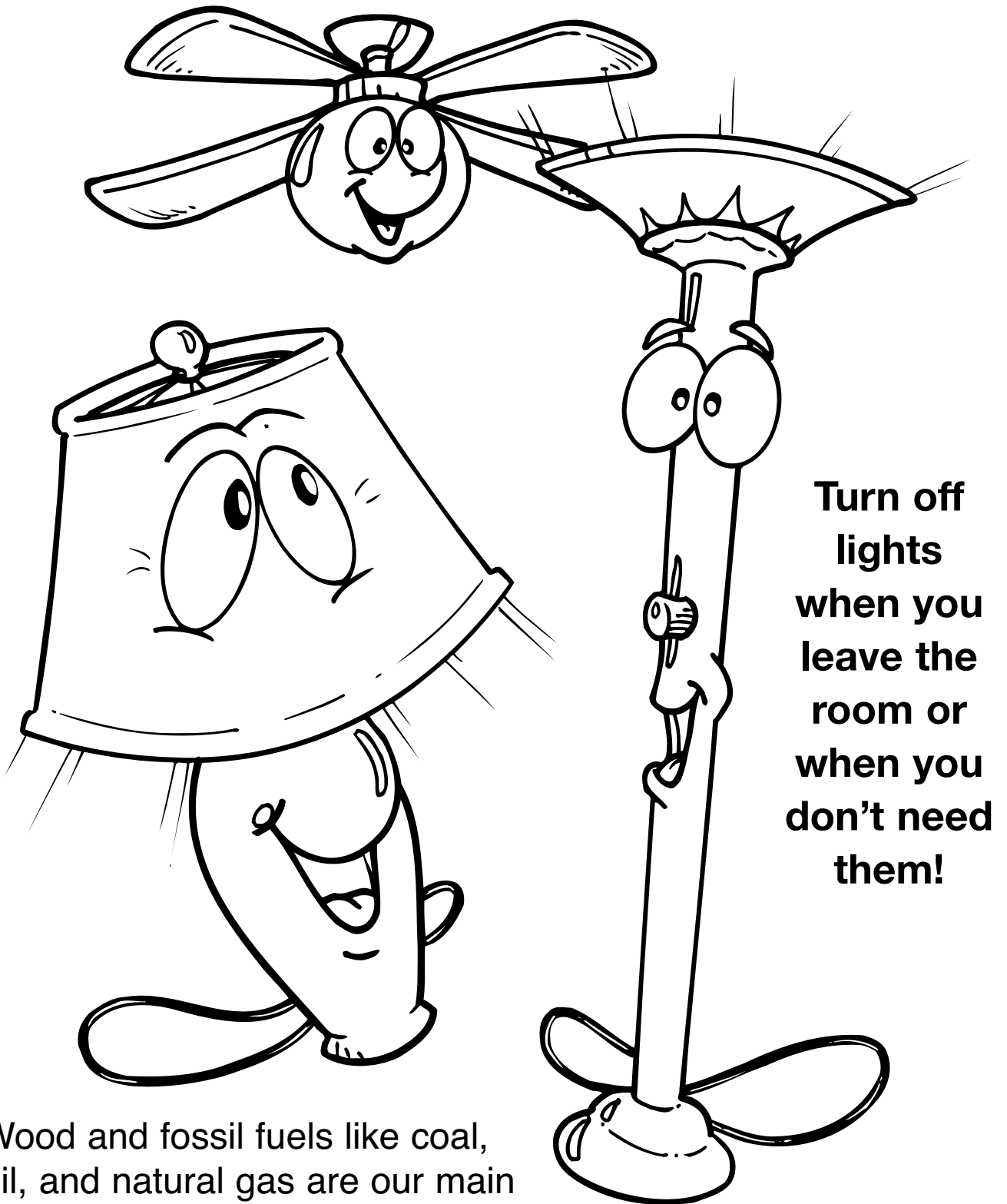
19 1 22 5

15 21 18

16 12 1 14 5 20 ■

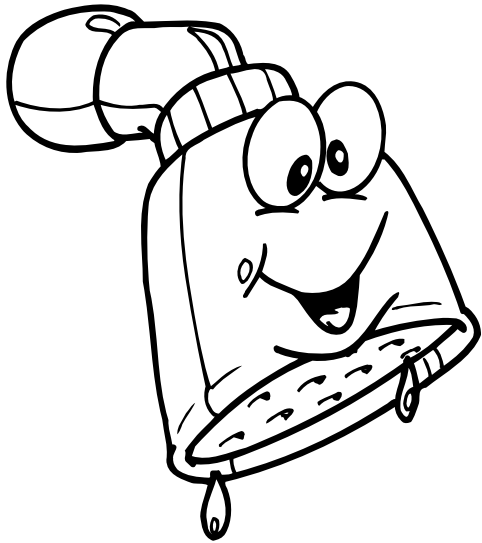
25 15 21 3 1 14

8 5 12 16 20 15 15 !



**Turn off  
lights  
when you  
leave the  
room or  
when you  
don't need  
them!**

Wood and fossil fuels like coal, oil, and natural gas are our main sources of energy. We need to conserve these sources of energy. We also use water and solar power. We need to produce energy without polluting the environment. Conserving energy also helps control pollution.



**Find and circle  
the words in the puzzle.**

RECYCLE

TRASH

ENVIRONMENT

ENERGY

CONSERVE

EARTH

PROTECT

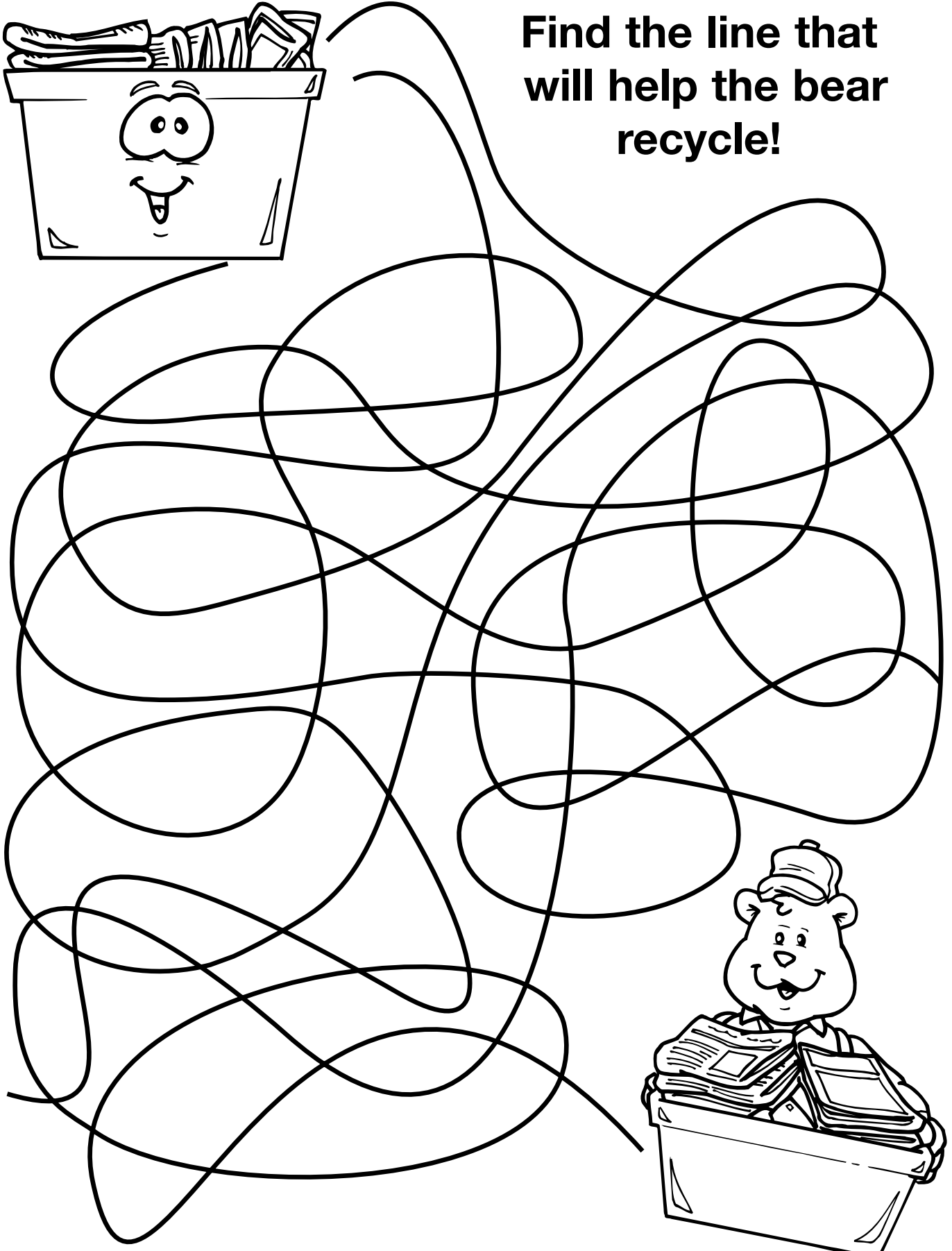
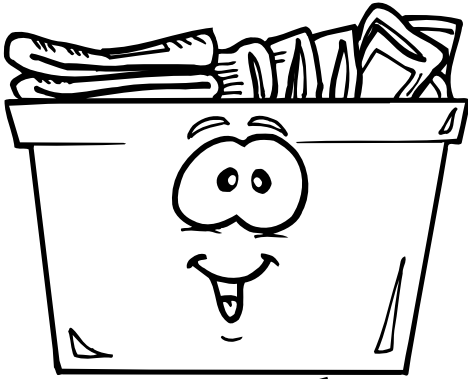
NATURE

WATER

PLANET

B	A	C	O	N	S	E	R	V	E	W
R	L	W	P	L	A	N	E	T	W	A
E	N	V	I	R	O	N	M	E	N	T
C	O	A	A	N	T	A	C	N	A	E
Y	W	E	T	R	A	S	H	E	T	R
C	A	N	Q	U	I	N	N	R	U	D
L	V	A	B	S	R	N	L	G	R	I
E	A	R	T	H	E	E	G	Y	E	N
A	E	D	E	P	R	O	T	E	C	T

**Find the line that  
will help the bear  
recycle!**



**It is important for all of us to help  
take care of our environment and  
energy needs.**



Conserve energy and water.

Re-use and recycle!

Use cleaner methods to produce energy.

You can help!



# Saving Energy & Water

I, \_\_\_\_\_, will  
(PRINT YOUR NAME)

do my part to take good care of  
our planet. I will try to help by  
recycling and saving  
energy and water.

\_\_\_\_\_  
(YOUR SIGNATURE)